


Diocesan Grade Level Expectations for Prayer

In order to have a strong and fruitful prayer life, the Diocese has produced a standard that all children, whether attending Catholic School or enrolled in the Parish after-school programs are required to know. As you can see, the process is cumulative.

Kindergarten (in a group)

- Sign of the Cross
- Our Father
- Hail Mary
- Glory Be
- Guardian Angel Prayer
- Grace Before & After Snack/Meal

Grade One

- All of the above +
- Prayer before the Gospel
- (Christ be + in my mind, + on my lips, and + in my heart.)
- Rosary

Grade Five

- All of the above +
- Begin to create/lead spontaneous prayer, petition, daily event oriented.

Grade Two

- All of the above +
- Act of Contrition
- Morning Offering

Grade Six

- All of the above +
- Angelus or Memorare
- Prayer to St. Michael

Grade Three

- All of the above +
- Apostle's Creed
- Nicene Creed
- Acts of Faith, Hope, Love

Grade Seven

- All of the above +
- Stations of the Cross
- Eucharistic Adoration

Grade Four

- All of the above +
- 10 Commandments
- Beatitudes
- Prayer to the Holy Spirit

Grade Eight

- All of the above +
- Create/lead prayers based on liturgical prayer forms.
- Understand Catholic forms of meditation and contemplation.

Once the children have completed the 8th grade, they should know/know how to 'perform' all of the above prayers.
